



**Cloch Housing Association**

# **Water Systems and Legionella Policy**

<b>Policy Name</b>	Water Systems and Legionella
<b>Policy Category</b>	PS
<b>Policy Number</b>	083
<b>Date Adopted</b>	May 2022
<b>Last Review</b>	May 2019 (previously named Legionella Policy and Procedure)
<b>This Review</b>	May 2022
<b>Next Review</b>	May 2025
<b>Equalities Impact Assessment Required</b>	No
<b>Link to other policies</b>	Repairs and Maintenance, Health and Safety
<b>Consultation</b>	Internal
<b>Need for Procedure</b>	Yes, (Water Hygiene Safety Management).

## **CONTENTS:**

1. Purpose	Page 3
2. Definition	Page 3
3. References	Page 3
4. Legal Duties	Page 3-4
5. Legionella Information	Page 4
6. Legionella Policy	Page 4
7. Risk Assessment	Page 5
8. Legionella Management Systems	Page 5
9. Water Fittings and System Requirements	Page 6
10. Disinfection	Page 6
11. Void Property Actions	Page 6-7
12. Contractors	Page 7
13. Notification Requirements	Page 7
14. Tenant Responsibilities	Page 7
15. Review	Page 7

## 1. Purpose

- 1.1 The aim of this Policy is to ensure the effective inspection, maintenance and management of all water systems within premises controlled by Cloch.
- 1.2 The procedures detailed within this section have been written to ensure all reasonable steps have been taken to comply with The Control of Substances Hazardous to Health Regulations 2002 (as amended), The Water Supply (Water Fittings) (Scotland) Byelaws 2014 and all other relevant legislation.

## 2. Definitions

Legionella - *“a potentially dangerous type of bacteria when inhaled with water vapour. Bacterium grows best in warm, nutrient rich water.”*

Legionella Risk Assessment – *“a specific risk assessment carried out to determine the risk level of Legionella Assessment proliferation, and exposure from a specific water system.”*

Log Book – *“a record book provided to record all local checks and tests carried out, as specified by legionella risk assessment.”*

Legionnaires’ disease - *“a potentially fatal form of pneumonia caused by the legionella bacteria.”*

## 3. References

- British Standards 8580:2010 – Water Quality: Risk Assessment for Legionella
- HSG Health and Safety in Residential Care Homes (2001)
- HSG274 Legionnaires Disease – Technical Guidance (in 3 Parts) (2013)
- IACL27 (rev2) Legionnaires Disease – A guide to Employers
- INDG 458 Legionnaires Disease – A brief Guide for Duty Holders (2012)
- Public Health etc. (Scotland) Act 2008
- The Building (Scotland) Regulations 2004
- The Control of Substances Hazardous to Health Regulations 2002, as amended
- The Housing (Scotland) Act 2006
- The Management of Health and Safety at Work Regulations 1999
- The Private Water Supply (Scotland) 2006
- The Water Supply (Water Fittings) (Scotland) Byelaws 2014
- The Water Supply (Water Quality) (Scotland) Regulations 2001

## 4. Legal Duties

- 4.1 Cloch has several specific legal duties which relate to water safety and, in particular, Legionella risk management. These include:

- Identifying and assessing sources of risk;
- Preparing a scheme for preventing or controlling the risk;
- Implementing and managing the scheme;
- Keeping records and checking what has been done is effective.

## **5. Legionella Information**

- 5.1 Legionella bacteria is common in natural water (such as rivers and ponds). However, legionella can grow in other water systems such as cooling towers, evaporative condensers, showers, spray apparatus and hot and cold water systems.
- 5.2 Legionnaires' disease is a potentially fatal form of pneumonia caused by the inhalation of Legionella bacteria. This includes the most serious Legionnaires' diseases, as well as the similar but less serious conditions of Pontiac Fever and Lochgoilhead Fever. The bacteria is normally contained within fine water droplets (aerosol) that may be caused by operating a cooling tower, shower, spray apparatus, running a tap outlet or operating a humidifier.
- 5.3 Legionnaires' disease has the potential to affect anybody. However, those more susceptible are normally in the age range of 45 and above, smokers, heavy drinkers, or suffer from chronic respiratory or kidney disease or have impaired immune systems.
- 5.4 Legionella survive low temperatures and thrive at temperatures between 20-45 degrees C if the conditions are right (e.g. if a supply of nutrients is present such as rust, sludge, scale and other bacteria).

## **6. Legionella Policy**

- 6.1 Cloch will aim to minimise and control the risk from Legionnaires' disease and, to this end, will:
- Appoint a responsible person who will have a duty to put in place an action plan to minimise the risk of Legionella and to manage and monitor the necessary work systems and procedures;
  - Identify and assess sources of risk (e.g. where conditions are present that may encourage Legionella bacteria to multiply or where there is a means of creating and disseminating breathable droplets), and establish any items of non-compliance;
  - Assess the level of risk through a structured Legionella Risk Assessment programme, and aim to eliminate or reduce the risk to an acceptable level;
  - Arrange for routine inspection and maintenance of water systems, and where needed, a programme of disinfection.
  - Retain records of maintenance, inspection and testing for a minimum of 5 years.

## **7. Risk Assessment**

- 7.1 Cloch will arrange for a suitable and sufficient risk assessment programme to be carried out (and regularly reviewed) to identify and assess the risk of exposure to Legionella bacteria from all water systems across its property portfolio by a competent and qualified contractor
- 7.2 A Legionella risk assessment will be carried out even if there are no water tanks present to demonstrate that potential risks have been considered, e.g:
- deadlegs or other high risk hardware in the plumbing system
  - high risk events such as the property becoming void
  - any required cleaning and/or maintenance events (e.g. shower heads in an HMO)
- 7.3 All recommendations and remedial action will be recorded in a log book or on the Housing management system. The recommendations should also highlight the management control actions that may be carried out in-house and those which would require an external contractor.
- 7.4 The risk assessment will be reviewed at regular intervals (at least every 2 years) or when it is believed that the original risk assessment is no longer valid (e.g. following a change in the building or water supply, or following an incident).

## **8.0 Legionella Management Strategy**

- 8.1 Where, as a result of the risk assessment process, the consultants/contractors engaged by the Association recommend legionella monitoring and treatment regimes, these recommendations will be reviewed by the Property Services section (with input from the Health & Safety Administrator) and implemented where appropriate. The Property Services section, where appropriate, may seek independent advice of any of the recommendations in order to determine the suitability of the recommendations.
- 8.2 Any monitoring and treatment regimens implemented by the Association will be subject to regular reporting; dependent on testing and treatment intervals by the responsible contractor. These reports will be reviewed by the Property Services section to assess the effectiveness of the regime. The Property Services Section may revise the frequency of any testing and treatment regime where considered appropriate.

## **9. Water Fittings and System Requirements**

- 9.1 Cloch will ensure that all water fittings comply with relevant legislation and have the CE mark, British Standard kitemark or appropriate equivalent. Specialist advice will be obtained in the selection of all water systems fixtures and fittings.
- 9.2 Cloch will ensure that all water fittings are suitable for the purpose intended.
- 9.3 Hot water shall be stored in tanks at a temperature of at least 60°C.
- 9.4 Water pipes shall be as short and direct as possible and pipes and tanks will be effectively insulated. Tanks will be protected against contamination and materials used which do not encourage Legionella growth.
- 9.5 Hot water shall reach taps at temperatures greater than 50°C within 1 minute of running.
- 9.6 Cold water shall be stored at a temperature of less than 20°C. Cold water shall reach taps at temperatures less than 20°C within 2 minutes of running.
- 9.7 All little used outlets shall be routinely flushed through.

## **10. Disinfection**

- 10.1 Water services will be disinfected when any of the following situations occur:
  - If a routine inspection or risk assessment shows it necessary to do so;
  - After any prolonged shutdown of a month or longer (a risk assessment may indicate the need for cleaning after a period of less than one month, especially in summer where temperatures have been high);
  - If the system or part of it has been substantially altered or entered for maintenance purposes in a manner that may lead to contamination;
  - Following an outbreak or suspected outbreak of Legionaries' disease or any other water borne infection/disease.

## **11. Void Property Actions**

- 11.1 It is recognised that all void properties have the potential to exhibit increased risk of Legionella due to the possibility of stagnant water remaining undisturbed within pipework for prolonged periods.

11.2 To mitigate the increased potential risk associated with voids, the contractor appointed to carry out repair and re-decoration works on all standard properties will carry out and record the following:

- Thoroughly flush all taps;
- Will replace, all shower heads;
- Inspect and report on water storage tank, where present.

## **12. Contractors**

12.1 A competent external contractor will be appointed to carry out legionella preventative monitoring and water hygiene services. As a minimum requirement, contractors are required to be a registered member of the Legionella Control Association (LCA) or the Water Management Society (WMSoc). Contracted works may include legionella sampling, tank inspections, water sampling, (for all bacteria) and other associated services, as identified in the Legionella Risk Assessment programme.

## **13. Notification Requirements**

13.1 If it is suspected or confirmed that a tenant, employee or visitor has contracted Legionnaires' disease, Cloch will report the incident to the HSE under the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR).

## **14. Tenant Responsibilities**

14.1 Tenants will be provided with information on good water management and Legionella control through tenancy agreements and/or by means of repair handbook

14.2 Tenants are advised to clean shower heads, descale and disinfect them at least every two months.

14.3 For showers that are only occasionally used, tenants are advised to flush the shower through by running the water for at least 2 minutes once a week.

14.4 Where a property is left vacant for any time (e.g. when on holiday), tenants are advised to flush both hot and cold water systems by running all outlets for at least 2 minutes.

14.5 Tenants should inform Cloch immediately if there are problems, debris or discolouration in the water.

## **15. Review**

15.1 Cloch will review its methodology and review its policy for managing Legionella every three years or sooner if required by Statutory or best practice requirements.